



# #TROIKA Consulting

**#Ordinary Meetings**

**#Liberating Structures**

Three people can help each other. As simple as that.

## **What you need:**

30 mins and 3 requests for help, advice, support.

That's all.

## **How it works:**

- One person starts sharing her/ his question (1-2 mins).
- The other two team members ask clarifying questions (1-2 mins).
- The person who asks for advice, turns the webcam off or turns the chair and goes in listening mode, equipped with paper and pen.
- The two colleagues discuss the challenge, offer their experience and knowledge (5-6 mins).
- The person who asked for advice comes back and shares what she/he is grateful for (1 min).
- Now it's time for the 2nd counselling, same process...

## **More:**

- [Bringing TROIKA Consulting online, a visual guidance](#)
- [TROIKA Consulting by Liberating Structures](#)

With Liberating Structures your Ordinary Meetings are more special. More dynamic. More connecting. More energizing. Try it out. Space them up!