

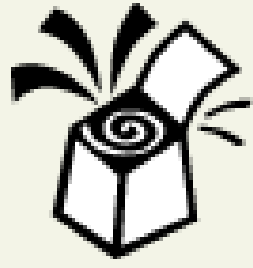


L i b e r a t i n g S t r u c t u r e s
q u i c k l y e x p l a i n e d i n
5 t i n y b o o k l e t s

#2 Methods

Learning Moments
ProcessChange

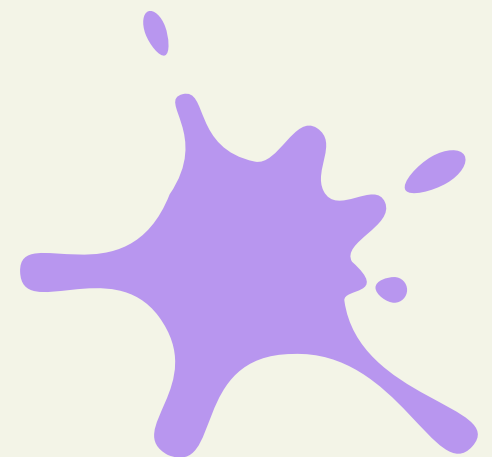




Methods:

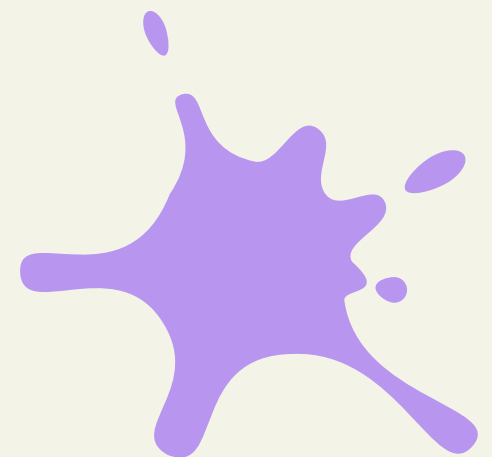
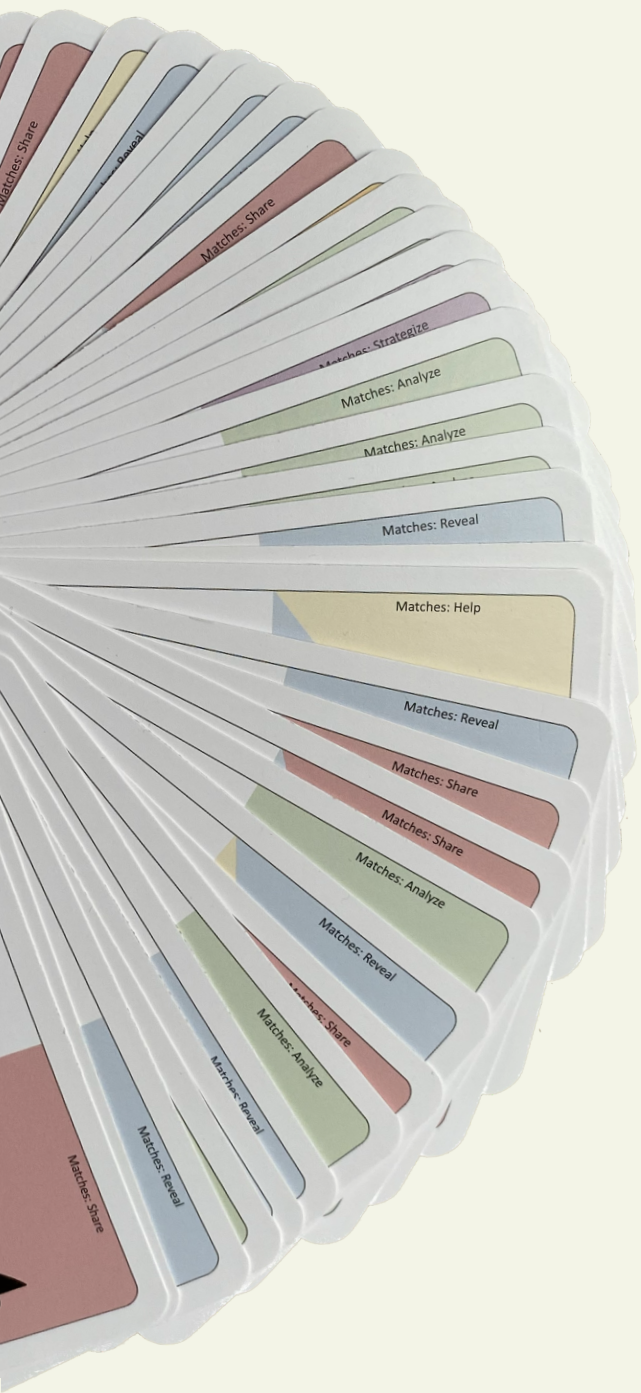
*A way, technique, or
process of or for doing
something.*

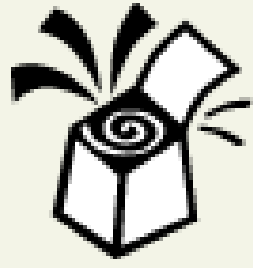
Merriam-Webster





With methods,
you can plan a
meeting and guide
the group so they
understand how
to participate.

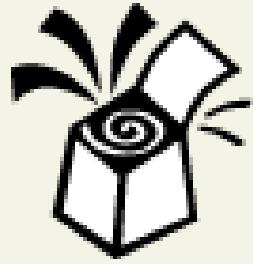




Methods are your helper to:

- Engage and activate everyone. Immediately.
- Strengthen relationships.
- Manage time.
- Distribute participants into small groups.
- Create focus.
- Cross-fertilise ideas, insights, and questions.





Liberating Structures offer a practical and ready-to-use toolbox. A collection of 33+ methods.





You select the suitable method depending on your goal:

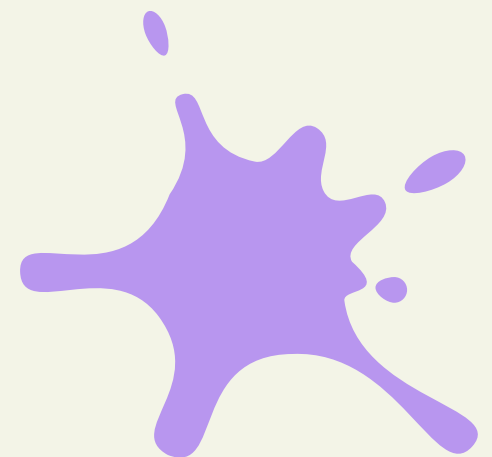
- Reveal, generate, or improve ideas or solutions.
- Share or spread ideas, know-how, or experiences.
- Analyse, diagnose or debrief.
- Get help or give help.
- Strategize.
- Plan.





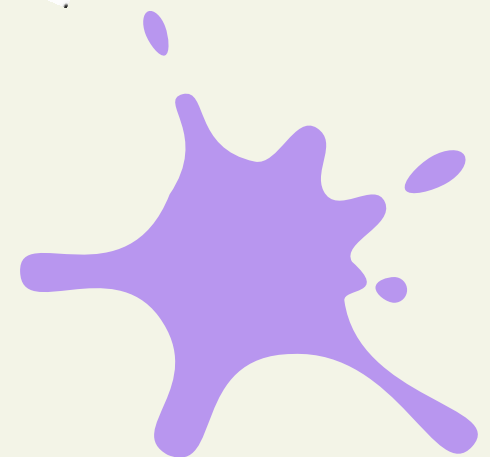
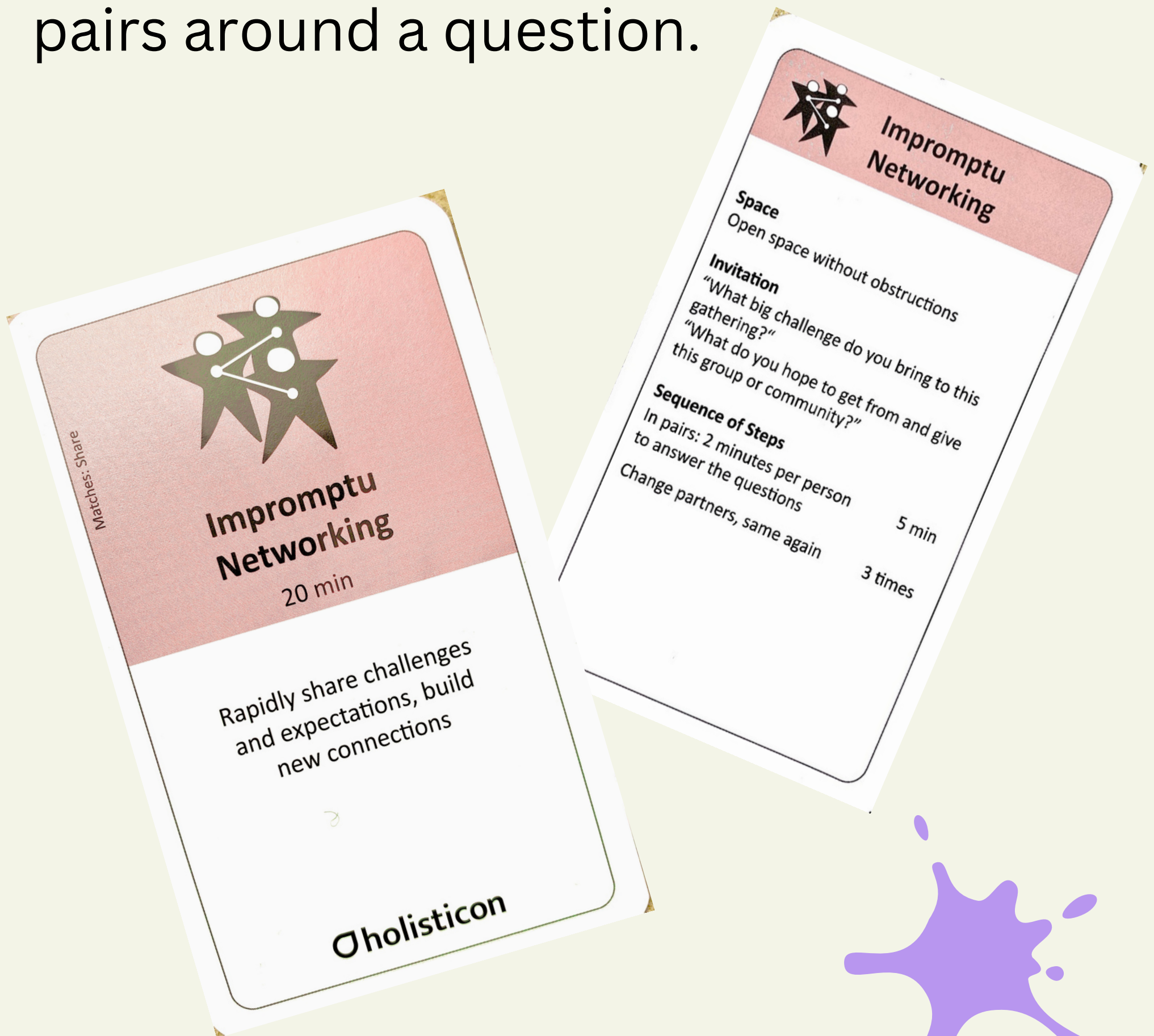
*Liberating Structures are
method dwarfs with great
impact.*

Andrea Iff





For example, ***Impromptu Networking*** invites 3 quick exchanges in different pairs around a question.





You can use ***Impromptu Networking*** at the start, in the middle, or at the end of a workshop:

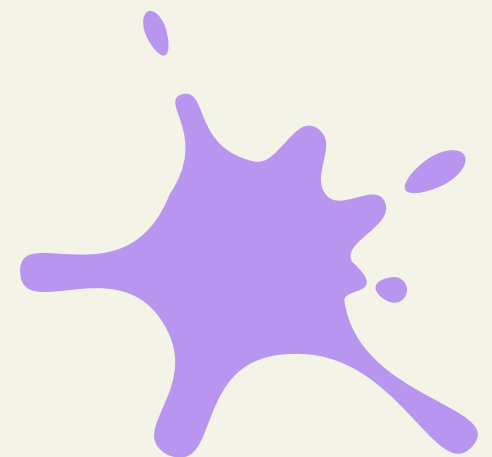
- Connect people
- Ask peers for advice.
- Formulate conclusions.
- Clarify the need for help around a certain topic.
- Sharpen insights and get a sense of commonalities.
- Define the next steps.





Liberating Structures are methods by which you hear, see, respect and engage everyone in a group - from extroverts to introverts and from leaders to followers. They improve cooperation and trust within the group.

Ruben Klerkx

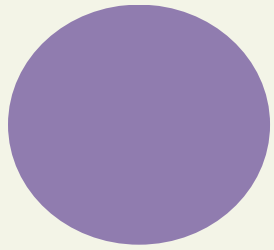




This collection is your treasure. You can carry Liberating Structures with you and access the methods whenever you need them.

- Card deck
- App
- The book
- Website



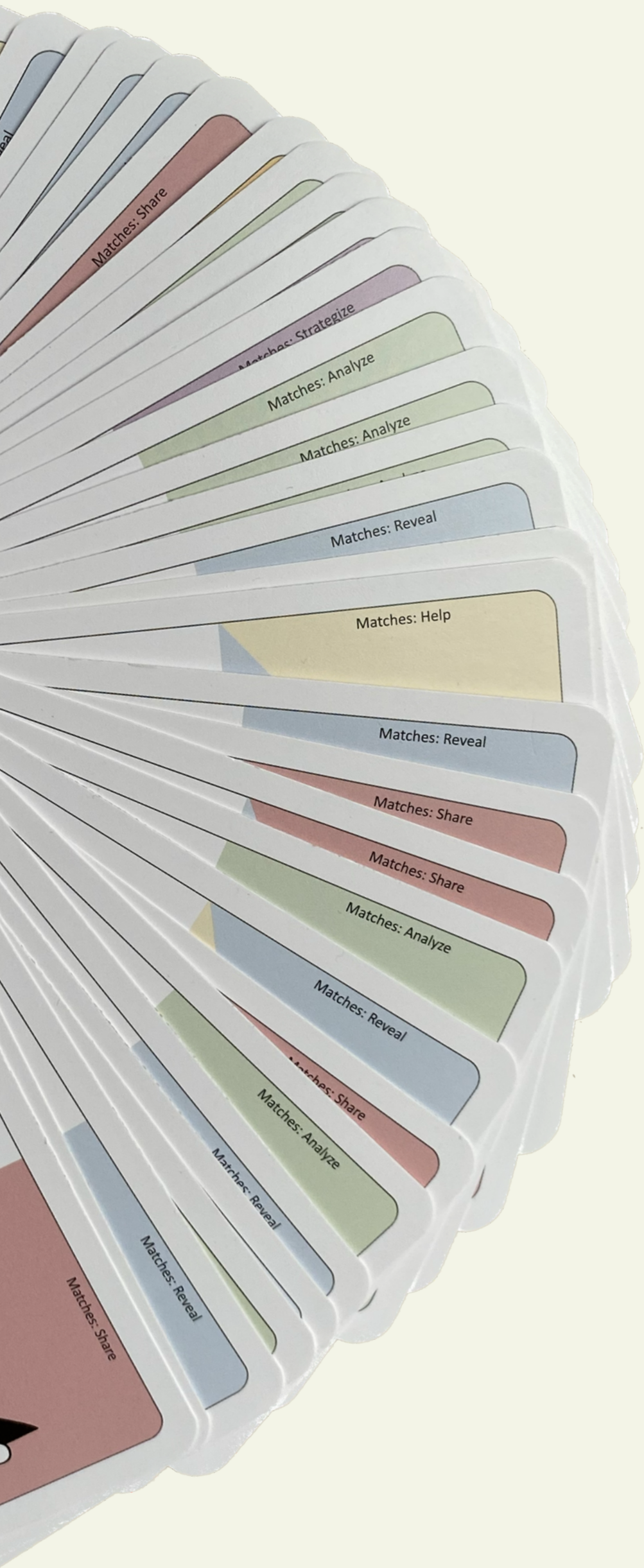
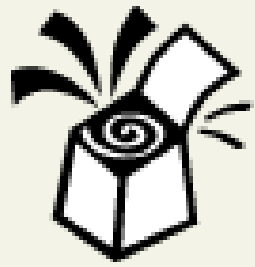


When designing a workshop, you can shuffle through the cards, pick different structures, try different sequences, and imagine what it would be like.

Methods are flexible.

You fit them into your context, your workshop, and your group.





To make
the magic
happen,
methods
are your
support.





Transform your meetings and workshops with Liberating Structures.

Curious? Reach out, and let's
start a conversation.

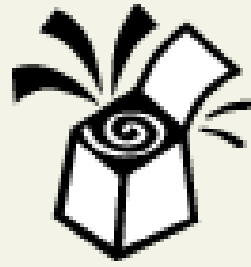
<https://learning-moments.net/>

Learning Moments

Creative space for renewal



[illegible]



Nadia and Ewen, seasoned Liberating Structures enthusiasts, curate immersive workshops and advanced practitioner journeys.

They aim for richer interactions—boosting collaboration, communication, relationships, and adaptability. Drawing from 50 years of experience, their goal is forging vital connections to meet today's societal and environmental challenges.

Ewen Le Borgne - [Process Change](#) - [LinkedIn](#)

Nadia von Holzen - [Learning Moments](#) - [LinkedIn](#)



Process Change



Learning Moments
Creative space for renewal